

INTERNATIONAL ASSOCIATION OF ALLERGOLOGY

HOUSE OF DELEGATES MEETING

TOKYO PRINCE HOTEL, TOKYO, JAPAN

Sunday, October 14, 1973 at 1:30 p.m.

AGENDA

1. Call to order and record of attendance.
2. President's welcome and opening remarks.
3. Adoption of minutes of meeting of October 15, 1970
4. Death of prominent members of I.A.A. (1970-73)
5. Applications for membership
 - a) Member Societies
 - Philippine Society of Allergology and Immunology (complete)
 - Société Tchèque d'Allergologie (incomplete)
 - Sociedad Boliviana de Inmunología y Alergia (complete)
 - b) Individual Membership
 - Dr. A. Orren, South Africa (incomplete)
6. Change of Status - from Associate to Member Society
 - Sociedad Ecuatoriana de Alergia e Inmunología
7. Expulsion of Society for not naming a delegate to two successive Congresses.
8. Suspension of Societies for non payment of dues for two successive years.
9. Committees Reports
 - a) Secretary-General (incl. Secretariat) - Dr. Arbesman
 - b) Finance - Dr. Jamar
 - c) Congress Organizing Committee - Dr. Oshima
 - d) Program - Dr. Samter
 - e) Editorial - Dr. Yamamura
 - f) Constitution & By-Laws - Prof. Serafini
 - g) Nominating - Dr. Naranjo
 - h) Audit - Dr. Bruun
 - i) Certificates - Dr. Lahoz
 - j) Environment - Dr. Frankland
 - k) Honours - Dr. Samter
 - l) Training & Specialization - Dr. Pepys

10. Permanent Secretariat
 - a) Reappointment of Executive Suite Limited
 - b) Reappointment of Executive Secretary
11. Auditors
 - Reappointment of Zittler, Siblin, Stein, Levine & Co.
12. Appointment of Signing Officers
13. X Congress - location
14. Change of name
15. Standardization
16. C.I.O.M.S. - representation
17. IAA Newsletter
18. Other business
19. Termination



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USEFUL HINTS FOR PARTICIPANTS OF THE VIII INTERNATIONAL CONGRESS OF ALLERGOLOGY, TOKYO 1973

One does not travel every day to the Far East and, therefore, we, as your travel consultant would like to give you as many facts and as much information as possible to ensure a pleasant trip and help make your stay as interesting and comfortable as possible in the exotic Orient.

The enclosed information will vary from the size of the population to recommendable food, restaurants, health and passport requirements as well as what to wear and pack for your trip.

In case you still have questions, do not hesitate to contact us before departure or during your stay in Tokyo. Our friendly personnel will help you at the hospitality desk in the Tokyo Prince Hotel.

May we wish you a successful congress and a pleasant trip!

McGREGOR TRAVEL CO. LTD.



Climate

Japan The average temperature in Japan during the month of October is 62 F. Tokyo itself, lies on a sheltered bay facing south, and has a more temperate climate than most parts of the country. Participants taking any post-Congress tours should take into consideration that other parts of Japan might be considerably cooler than Tokyo.

Hong Kong Hong Kong lies just south of the Tropic of Cancer and as autumn is generally the loveliest time, one can expect warm and sunny days with cool evenings. Average temperature is 75 to 80 F.

Bangkok October is the end of the monsoon period and as rainfalls are still possible they also bring coolness into the hot days. Average temperature is approximately 82 to 85 F.

Clothing

Taking all the above into consideration and local customs, we recommend when visiting Japan to take clothing in cotton or linen rather than synthetic fabrics. Very cool, easy fitting clothes are needed. Light top coat and cardigan should be included as evenings can become cool. For Hong Kong and Bangkok, informal (but not casual) city wear is usual. For after Five, we recommend to take a dark suit for the evening for gentlemen and cocktail/dinner dresses for the ladies. An umbrella may be useful and a swimsuit is a must.

Passport & Visa Requirements

A valid passport is required to enter Japan, Hong Kong and Thailand. The passport must be valid for the entire period of stay.

Visa

Japan With the exception of citizens of Australia, Brazil, Cuba, Ecuador, Egypt, East Germany, India, Iran, Mexico, Paraguay, U.S.A., Uruguay and Venezuela, no visa is required. The visas can be obtained through the nearest consulate or embassy in the countries mentioned above. United States citizens can refer to the following office in the States:

Embassy: Japanese Consulate (or Ambassador)
2520 Massachusetts Avenue N.W.
Washington, D.C. tel. AD 4-2266

Consulate General:

Chicago, Ill. 625 N. Michigan Ave. Tel. 321-9000
Honolulu, Hawaii 1742 Nuuanu Ave. Tel. 536-2226
Houston, Tex. 504 First City National Bank Tel. CA4-9565
Los Angeles, Ca. 250 E. 1st No. 1507 Tel. 624-8305
New Orleans, La. 1538 International Trade Mart
2 Canal Street Tel. 529-2101
New York, N.Y. 235 E. 42nd St. Tel. YU 6-1600

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Consulate General: (continued)

Portland, Ore. 204 Chamber of Commerce Bldg.
824 S.W. 5th Ave. Tel. 222-9903
San Francisco, Ca. 1601 Post St. Tel. 921-8000
Seattle, Wash. Norton Bldg., Room 614 Tel. MA 2-8520

Hong Kong With the exception of citizens of Cuba, Egypt, East Germany, India, Japan and Yugoslavia, no visa is required.

Thailand With the exception of citizens of the U.S.A. and West Germany, a visa is required. Canadians may obtain visas at:

Embassy Ottawa, Ont. 85 Range Rd., Suite 704, Tel. 237-1517

Consulate Montreal, Quebec, 1155 Dorchester Blvd. W.
Suite 1005 Tel. 866-8205

Toronto, Ontario 250 University Ave.
Bank of Canada Bldg. Tel. 362-4981

Vaccination

A valid smallpox vaccination (not older than 3 years) is necessary to enter Japan and countries visited during the official post-Congress tours. People visiting Thailand must be vaccinated against cholera. Vaccination against yellow fever or cholera is required only if the person is coming directly from a known yellow fever or cholera infected area.

Customs

Please consult the custom regulations for individual countries regarding the amount of duty-free import allowed.

Consular list (U.S. and Canadian)

<u>Japan</u>	<u>US Consulate General</u>	<u>Canadian Consulate General</u>
Tokyo	Tel. 583-7141	Tel. 408-2101
Hong Kong	Tel. 5-239011	Tel. 5-451041

Electricity

Japan	100 volts, 50 cycle AC. Adaptor plug not required.
Hong Kong	220 volts, 50 cycle AC. Two-prong transformer. Adaptor plug required.
Thailand	Same as above. Most hotels use 110 volts, 50 cycle AC.

Dining out

Being in the Far East, you will discover that dining out can be a great pleasure and particularly Japanese dishes can be a joy. The following suggestions may be of some help:

Dining out (continued)

- Sukiyaki is probably the best known, particularly beef Sukiyaki. Thin slices of beef mixed with vegetables cooked in flavoured sauce at the diners' table. Soya sauce, sugar and Mirin (sweetened wine) are used for flavouring.
- Tempura is another internationally known Japanese dish. Prawns, fish, shell-fish and vegetables deep fried in a fine sesame-seed oil, each is coated with batter made from eggs, water and wheat flour.
- Sushi sliced tuna and other sea delicacies are put on cooled rice balls mixed with vinegar in the popular form of Sushi called "Nigiri-sushi".
- Unagi strands of broiled eel - this dish has found a quick following by many foreigners living in Japan.
- Shabu Shabu is the oriental version of a meat fondue. Paper thin slices of beef are held at the end of chopsticks and swished as if rinsing in a pot of boiling hot water on the table. It is then dipped in two specially prepared sauces before eating. After the swishing of meat has imparted the flavour to the boiling water, vegetables such as Chinese cabbage, green onions, dried mushrooms and tofu bean curd are cooked in it.

But not only Japanese food can be enjoyed in Japan, also Chinese, European, American (McDonalds hamburgers are even here!) and Kosher food is available on request.

Following are some restaurants we recommend you visit:

<u>Tokyo</u>	Chinzanso (Barbecue)	Tel. 943-1111
	Mikasakaikan (Chinese)	Tel. 571-8181
	Ina-Giku (Tempura)	Tel. 661-8855
	Daikokuya (Sukiyaki)	Tel. 841-5862
	Suehiro (Sukiyaki)	Tel. 542-3951

Other restaurants may be selected from the "Tour Companion", a weekly paper published by Tokyo News Service Ltd. which is free for tourists and may be obtained through the hotel at our hospitality desk.

Hong Kong A must in Hong Kong is trying the Chinese Cuisine which is divided into three main regional types:

Cantonese (Southern) This is served in most overseas restaurants especially in the USA and Australia and is skillfully prepared to bring out the natural flavours of the foods. These dishes are not salty or greasy and mainly consist of rice, vegetables, fish and meat (pork, beef) in that order of importance. Gwailo favourites are:

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Sweet & Sour pork, Chow Mein, Chow Fan, Egg Fu Yung, Egg Rolls and Roast Suckling Pig.

Shanghainese (Central) You will find sweeter, saltier and more oily than Cantonese food. Some of the outstanding dishes are Shanghai Crab and Empress Chicken, the latter being a thick stew.

Pekinese (Northern) Generally is salty and is noted for roasted fowl such as Peking Duck (it may be obtained at the Miramar Hotel), and Hot Pot dishes are also available.

You will further discover that one of the most lavishly decorated Chinese establishments in the Colony is the Miramar Theatre-Restaurant which features exciting Chinese dancing and singing.

For good European gourmet cuisine you may try the Peninsula Hotel, Kowloon the Gaddi's Restaurant. During the day for lunch, we recommend the Peak Tower Restaurant on Hong Kong Island, which can be reached by the Peak tram which has one of the most spectacular views of the whole Island.

Bangkok Rice supplemented by fish and meat are the main elements for a Thai meal. Here are some specialities: Kaeng Ped Kai (Curry-chicken) Kaeng Ped Naa (Curry-beef) Kaeng Curry (Indian Curry), Mee Grob (crisp noodles) Pat Prieu Wan Nua (sweet sour beef).

For restaurants in Bangkok we recommend you check with your tour guide.

Information

For any assistance or help we may provide, please contact our hospitality desk at the Tokyo Prince Hotel, which is open from 9.00 AM to 12.00 noon and from 2.00 PM to 6.00 PM from October 12-20, 1973. We are there to make your trip fun and informative.

Nightclubs and Entertainment

Although most night clubs and cabarets in Tokyo (and Japan) adopt "th hostess system", for male customers to drop in alone, it is quite proper for couples to visit clubs. There are hostesses to sit at the table, drink, chat and serve as dancing partners. If you do not desire to pay hostess and cover charges you may sit at the counter of the bar to drink and watch the show from there. The nightclubs unfortunately close at 11.30 PM or midnight!" -- but see below!

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Tokyo Ginza area: Club Zaza, Chuo-ku, Ginza 5-chome 1-7 Tel.571-7191
 Monte Carlo, Chuo-ku: Ginza Tel.571-5671
 Akasaka area:Copacabana, Minato-ku Akasaka 3-6-4 Tel.585-5811

Now Hong Kong and Bangkok night life exists 24 hours around the clock. Addresses are obtainable from the local guide books or through your guide. Nightlife particularly in Hong Kong is one of the least expensive and most fun. Dinner and drinks at a restaurant with floor show costs approximately \$6.00 to \$10.00.

Japanese Theatre

A must in Japan is a visit to the Japanese Theatre.

Following are some addresses of theatres which feature Noh or Kabuki. We strongly suggest you read ahead on the history of Japanese Theatre as it is amongst the most exciting theatre in the world.

Kabuki Theatres

Kabuki-za Chuo-ku, Ginza 4-chome 12 Tel.541-3131
National Theatre (Kokuritsu Gekijo)
 Chiyoda-ku, Hayabusacho 1-chome Tel.265-7411
Shimbashi Enbujo Chuo-ku, Ginza 6-chome 18 Tel.541-2211

North Theatres

Kanze Nohgakudo Shibuya-ku, Shoto 1-chome 16 Tel.469-5241
Suidobashi Nohgakudo Bunkyo-ku, Hongo 1-chome 5 Tel.811-4843

Taxis

In Japan be certain when using a taxi you have your hotel clerk write down where you want to go in Japanese. Most taxi drivers do not speak or understand English. In Hong Kong and Bangkok there should be no problem of communication.

Currency

The following are approximate exchange rates and are subject to change:

<u>Japan</u>	Japanese Yen	280 = US \$1.00
<u>Hong Kong</u>	Hong Kong Dollar	5.5 = US \$1.00
<u>Bangkok</u>	Baht	18 = US \$1.00

We strongly recommend taking travellers cheques in US currency for your trip.

Time difference

For the easiest method of time change just remember when it is 12.00 noon in New York it is 1.00 A.M. in Tokyo the next morning in Hong Kong it will be 2.00 A.M. the next morning and in Bangkok it will be 3.00 A.M. the next morning

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Clothing purchases

The purchase of clothing will probably be number one on your list of shopping priorities. The following tables of sizes should assist you in the selection of wearing apparel:

Men'sSuits, overcoats, sweaters

American	34	36	38	40	42	44	46
Japanese	44	46	48	50	52	54	56
Hong Kong	As American.						

Shirts

American	14	14½	15	15½	15¾	16	16½	17
Japanese	36	37	38	39	40	41	42	43
Hong Kong	As American.							

Hats

American	6-5/8	6-3/4	6-7/7	7	7-1/8	7-1/4	7-3/8	7-1/2	7-5/8
Japanese	53	54	55	56	57	58	59	60	61
Hong Kong	6-1/2	5-5/8	6-3/4	6-7/8	7	7-1/8	7-1/4	7-3/8	7-1/2

Socks

American	9-1/2	10	10-1/2	11	11-1/2
Japanese	38-39	39-40	40-41	41-42	42-43
Hong Kong	As American.				

Shoes

American	6½	7	7½	8	8½	9	9½	10	10½	11	11½	12	12½
Japanese	Add 32 to any American size number for equivalent size												
Hong Kong	5½	6	6½	7	7½	8	8½	9	9½	10	10½	11	11½

LadiesDresses & Coats

American	8	10	12	14	16	18	20	38	40
Japanese	Same as American but no 38 or 40 available.								
Hong Kong	8	32	34	36	38	40	42		

Sweaters & Blouses

American	32	34	36	38	40	42	44
Hong Kong	34	36	38	40	42	44	46
Japanese	As American						

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Hosiery

American	8	8½	9	9½	10	10½	11
Japanese	As American						
Hong Kong	As American						

Shoes

American	4	5	6	7	8	9	10	11
Japanese	As American							
Hong Kong	2	3	4	5	6	7	8	9

Shopping

As the Far East is a shopper's paradise you will find the best bargains are in clothes, cameras and other technical equipment, including watches. The best shopping is in Hong Kong. If you are only visiting Japan and shop there, get your buys at tax-free shops (you will find them advertised in the "Tour Companion" newspaper).

Japan

Antiques such as swords and woodblock prints, chinaware, cloisonne, fans, geta and zori (wooden sandals and slip-on footwear), famous Japanese dolls, laquerware, kimonos, pearls, silks, washi (traditional Japanese paper) are all items of extreme interest.

Hong Kong

Custom made shirts and suits may still be obtained within 24 hours. However, to allow a better quality job give your tailor 48 hours. Antiques, chinaware, cameras, binoculars, diamonds and jade, furniture, furs, hi-fi equipment, jewelry, luggage, scrolls, silk, wigs and watches, almost anything you want you will find it in Hong Kong at extremely low prices.

Guide

All our post-Congress tours will be accompanied by well-experienced local guides who are prepared carefully for every trip.

Baggage Allowance

On Charter 2 there will be 66pounds free baggage allowance and on all other flights 44 pounds